Michigan Direct Access





Direct Access is a law that creates the option for patients to see a physical therapist without a prescription from a physician for up to 21 days or 10 treatment visits. In some instances, your insurance provider may still require you to get a referral. Starting January 1, 2015, Michigan will be a direct access state.

Will insurance cover my physical therapy without a prescription?

• It depends on your insurance policy. Some insurance carriers will require a prescription from your physician in order for them to approve coverage for physical therapy. As always, Advanced Physical Therapy Center's billing specialists verify coverage prior to treatment and will continue to do so even now that Direct Access is in effect.

Will Direct Access to my physical therapist cost me more?

No, there is no additional cost and insurance companies will continue to cover as normal. As
mentioned above, your insurance carrier may still request a prescription from your physician. We will
work with you and your physician to make sure you have what you need for your insurance
coverage.

Does this law apply to everyone?

• Yes, this law applies to everyone in the state of Michigan.

Is it safe?

• Yes, it is safe. Physical therapists are highly educated, and now, all graduates are required to have a doctorate degree. In addition, physical therapists receive extensive education and clinical training in the evaluation and treatment of injuries to the body. They are the best trained.

What about my doctor?

As we have in the past, we will continue to work closely with your doctor to provide the best care
possible for you. And when necessary, we will always refer back to your physician if we feel further
evaluation or tests are needed.

Will my insurance pay for personal training, sports improvement programs or massage?

 Once again, it depends on your insurance, but most of these services are handled on a cash-pay basis. You may be able to receive reimbursement, or you may be able to use your health savings or flexible spending account.—Please, check with your insurance provider.



For more information on Direct Access, contact us:

Grand Blanc	10809 S. Saginaw St.	810.695.8700
Clio	303 S. Mill St.	810.687.8700
Flint	G-2241 S. Linden Rd. Ste. A	810.732.8400
Hartland	11182 Highland Rd.	810.632.8700
Goodrich	7477 S. State Rd. Ste. B	810.636.8700
Goodrich	7477 S. State Rd. Ste. B	810.636.8700
Davison	2138 Fairway Dr.	810.412.5100
Clarkston	6167 White Lake Rd. Ste. I	248.620.4260